# Monsoon-Frontal Interactions Drive Cyclone Biparjoy's Wake Recovery in the Arabian Sea

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### 12 Key Points:

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13	• Slow moving cyclone Biparjoy in the Arabian Sea triggers the formation of a cold,
14	salty and productive wake, causing a 4 $^{\circ}\mathrm{C}$ drop in SSTs.
15	• In-situ observations reveal the asymmetric recovery of the cold wake, with differ-
16	ences in mixed layer depth and buoyancy gradients at edges.
17	• Interaction of winds with wake filament shows signatures of submesoscale processes,
18	underscoring their role in the wake's recovery.

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#### 19 Abstract

Cold wakes generated by cyclones enhance productivity and impact the local air-sea in-20 teraction, paths and intensities of subsequent storms in the region. However, in-situ ob-21 servations of the recovery across such wakes are rare. A cold wake in the Arabian Sea was 22 surveyed using multiple ship-board instruments approximately 10 days after the passage 23 of Cyclone Biparjov in 2023. The wake, nearly 30 km wide, had a stronger (weaker) buoy-24 ancy gradient at its eastern (western) edge and assumed a upfront (downfront) orienta-25 tion relative to the south-westerly monsoon winds. This resulted in notable asymmetry 26 in vertical temperature, salinity and velocity structures at the edges of the wake. While 27 the wake recovery following a cyclone is often attributed to one-dimensional diurnal heat-28 ing and cooling process, these observations underscore the role of coupling of monsoon winds 29 and the underlying three-dimensional submesoscale fronts in speeding the recovery of a 30 slow-moving cyclone through various submesocale processes. 31

#### 32 Plain Language Summary

Tropical cyclones create cold wake trail of water mixed upward from deeper waters, 33 but observations of recovery of the wake back to pre-cyclone conditions are rare. These 34 wakes play a crucial role to modulate availability of nutrients in the ocean, impact local 35 atmosphere-ocean interaction and future passage of storms in the region. This study de-36 scribes the structure of this trail and processes associated with its recovery after slow-moving 37 Cyclone Biparjoy in the Arabian Sea in 2023. Our observations reveal that the wake is asym-38 metrical in its density and velocity structure. This is a result of the interaction between 39 monsoon winds from the south-west and the density differences at the edges of the wake. 40 Alongside the daily cycle of heating and cooling, these interactions foster small-scale three-41 dimensional processes, that are found to be crucial for the cold wake recovery back toward 42 typical pre-cyclone conditions. 43

#### 44 1 Introduction

Tropical cyclones, known for their high wind speeds, create a cold (and sometimes salty) wake due to increased vertical mixing, causing sea surface temperatures (SSTs) within the wake to drop by 2 °C to 4 °C (Stramma et al., 1986). However, this wake forms asymmetrically relative to the cyclone track, usually to the right of the cyclone eye in the Northern Hemisphere due to wind stress configurations (Price, 1981; Cornillon et al., 1987; San-

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abia & Jayne, 2020). While the cold wake's formation as a result of enhanced turbulent 50 mixing is well understood (D'Asaro, 2003; Emanuel, 2003; D'Asaro et al., 2007; Vincent 51 et al., 2012), its recovery back to pre-cyclone conditions has received less attention. Un-52 derstanding the evolution of the cold wake and its recovery is critical as it can significantly 53 impact ocean heat transport, and the predictability of the path and intensity of subsequent 54 storm systems that traverse the region (Emanuel, 2001; Pasquero & Emanuel, 2008; Kar-55 nauskas et al., 2021; Gutiérrez Brizuela et al., 2023). Significantly, tropical cyclones are 56 often considered as the signature of the onset of Asian Monsoons, and hence, the cyclone 57 wake conditions can impact sub-seasonal predictions of monsoons (Krishnamurti et al., 1981; 58 Evan & Camargo, 2011; Krishnamurti et al., 2007). 59

Initial hypotheses suggested atmospheric surface forcing causes a wake recovery over 60 10 days or more (Price et al., 2008), but subsequent observational studies demonstrated 61 that background advection also played a major role in the recovery of the cold wake (Mrvaljevic 62 et al., 2013; Johnston et al., 2020). Numerical modeling results indicate that baroclinic 63 instabilities at the edges of the cold wake lead to the formation of submesoscale mixed-64 layer eddies, leading to restratification and contributing to the wake's recovery (Fox-Kemper 65 et al., 2008; Haney et al., 2012; Mei & Pasquero, 2012; Smith et al., 2019; Yi et al., 2024). 66 Additionally, winds blowing parallel to the fronts at the edges of the cold wake, create up-67 front (winds opposing the surface thermal wind shear) and downfront configurations (winds 68 in direction of surface thermal wind shear), causing an asymmetric recovery of the wake 69 due to Ekman buoyancy fluxes (EBFs). These recovery processes are also found to be in-70 teracting with each other (Mahadevan et al., 2010; Haney et al., 2012). 71

Nonetheless, in-situ observations of lateral submesoscale processes affecting the recovery of the cold wake are lacking. For example autonomous profilers such as Argo are typically not fast enough to capture the spatio-temporal evolution of the wake, even in highly networked field campaigns (e.g., D'Asaro et al., 2007; Johnston et al., 2021). While this challenge could be addressed with ship-based sampling, heightened surface waves associated with hurricanes along with other logistical obstacles render ship usage unfeasible unless the sampling strategy is critically timed, typically a few days after cyclone passage.

In this study, we utilize rare ship-based, in-situ observations conducted in the Arabian
 Sea during the "Enhancing Knowledge of the Arabian Sea Marine Environment through
 Science and Advanced Training (EKAMSAT)" program, which sample the wake of Cy-

clone Biparjoy in June 2023. Our goal is to document the horizontal and vertical variabil-

- ity in the cyclone wake and its vicinity. We first provide an overview of the instruments
- and satellite products used in this study (Section 2), before describing the cold wake re-
- covery using our unique observations and demonstrating the presence of submesoscale pro-
- cesses in this wake recovery (Section 3). The summary of our findings and its broader im-
- <sup>87</sup> plications are discussed in Section 4.

#### <sup>88</sup> 2 Data and Methods

A combination of measurements collected by a ship-mounted flow-through thermos-89 alinograph (TSG) and an Underway CTD (uCTD) profiler were employed to investigate 90 the temperature and salinity structures within the cold wake resulting from Tropical Cy-91 clone Biparjoy in the Arabian Sea between 17-20 June 2023. The TSG provides measure-92 ments at the 4 m depth based on R/V Revelle's seawater intake, while the uCTD collected 93 profiles over the top 250 m with a vertical resolution of 4 m and a temporal resolution of 94 10 minutes (an approximate horizontal resolution of 1.7 km). Meteorological conditions 95 were measured from sensors housed on the ship's bow mast. The velocity structure within 96 the cold wake was measured using the Hydrographic Doppler Sonar System (HDSS, Pinkel, 97 2012) over the top 550 m at a vertical resolution of 4.5 m. The mixed layer depth (MLD) is inferred from the uCTD measurements based on a 0.125 kg/m<sup>3</sup> density difference from 99 surface values (Monterey & Levitus, 1997), while the isothermal layer depth (ILD) is de-100 fined based on a  $0.5 \,^{\circ}\text{C}$  temperature difference with respect to the surface values (Levitus, 101 1983). The barrier layer thickness (BLT) is the difference between the ILD and the MLD. 102

We also utilize various remote sensing products such as the 3-Day product from Ad-103 vanced Microwave Scanning Radiometer-2 (AMSR-2, Wentz et al., 2014) and NOAA 0.25 104 <sup>o</sup> Daily Optimum Interpolation Sea Surface Temperature (OISST, Reynolds et al., 2007) 105 at a spatial resolution of nearly 25 km to examine the SSTs. Additionally, we assess the 106 SST and chlorophyll-a from level-2 versions of Moderate-resolution Imaging Spectroradiome-107 ter (MODIS) Aqua (NASA Goddard Space Flight Center, 2018) and Visible Infrared Imag-108 ing Radiometer Suite (VIIRS) on NOAA-20 and NPP platforms, with a spatial resolution 109 of 750 m (Cao et al., 2013). 110

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### 111 3 Results

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3.1 Remote Sensing of the Cyclone Wake Recovery



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Cyclone Biparjoy, a slow-moving cyclone with translation speeds of  $1-2 \text{ m s}^{-1}$  (Figure S1a), formed over the southern Arabian Sea on 5 June 2023. It reached its peak intensity as a category-3 cyclone and moved northward before making landfall over Gujarat, India on 15 June (IMD, 2023). Cyclone propagation resulted in the formation of the cold wake

predominantly to the right of the track (Figure 1a), with a 4 °C drop in SST over seven

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days (Figure 1b) at the ship's operational area (yellow box in Figure 1a).

The cyclone wake begins to recover on 13 June, which is identified by a rise in SST by 119 1.7 °C over eight days (Figure 1b). With wind speeds and peak shortwave radiation in the 120 wake area around  $8 \text{ m s}^{-1}$  and  $940 \text{ W/m}^2$  respectively (Figure S3), the theoretical recov-121 ery period for the wake, if driven only by surface forcing, is estimated to be 18-29 days (see 122 Supplementary Section S1, Price, 1981; Haney et al., 2012). However, the rise in SST (or 123 the surface recovery of the wake) ceases after 8 days instead (13-21 June, Figure 1b), reach-124 ing a steady state, although it fails to return to pre-cyclone values (Figure 1b). A large 125 region of the southeastern Arabian Sea (marked by dashed blue line in Figure 1a) exhibits 126 a similar recovery pattern. While the large-scale forcing from the Southwest Monsoon over 127 the Arabian Sea prevents the SST to return to pre-cyclone values, the presence of small-128 scale lateral processes due to the cyclone wake, such as mixed layer eddies as well as EBFs, 129 can contribute to the ambiguities in the recovery time-scale (e.g. Haney et al., 2012). 130

Since the entrainment in the wake increases nutrient availability, this results in higher 131 chlorophyll values within the wake (Babin et al., 2004). Therefore, high chlorophyll val-132 ues are used as markers of cyclone wake. Thus the presence of lateral processes around the 133 wake are inferred using the high resolution infrared L-2 images of SST and chlorophyll. 134 The wake's meandering nature is evident with warmer SSTs at the edges and SSTs of 27.4 135  $^{\circ}$ C at the core of the wake (Figure 1c). Initially, the meandering front of the wake aligns 136 in the north-south direction. However, it begins to roll up after a few days (Figure 1d,e). 137 We next investigate the in-situ sub-surface measurements of the wake to reveal the pres-138 ence of lateral processes around the wake. 139

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#### 3.2 In-situ survey of the wake

An in-situ survey from the ship's TSG and the uCTD system were conducted 10 days after the cyclone's passage to examine the structure of the generated wake (Figure S2, S3). The winds during this period were generally south-westerly (consistent with the direction of winds during the monsoon season, Figure S3a). These observations verify the presence beneath the ocean surface of the wake, which spans approximately 30 km in width. In the near-surface layer, the core of the wake is characterized by colder (a difference of 0.72 °C), saltier (0.45 g kg<sup>-1</sup> difference) and therefore denser (a difference of  $0.39 \text{ kg/m}^3$ ) waters when





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compared to those in the vicinity of the wake (Figure 2a,b). As a result of these differences, the formation of this wake results in the development of density fronts at its edges. Observations during this survey also reveal the small-scale meridional variability of the wake, highlighting its meandering nature (Figure 2a,b).

The three-dimensional view of the sections additionally reveal significant differences 152 in the mixed layer structure throughout the wake and its vicinity (Figure 2c,d). Given the 153 south-westerly nature of the winds and its orientation with respect to the wake-associated 154 fronts, the presence of EBFs and mixed layer eddies is anticipated. These can potentially 155 influence the upper ocean structure within the wake and its vicinity by causing an asym-156 metric recovery (Haney et al., 2012). In order to explore the vertical structure further, we 157 focus on the zonal section between the S2-E and S2-W waypoints. This section is the longest 158 and captures both the eastward and westward edges of the wake (other sections only cap-159 ture the westward edge, Figure 2). 160

#### 3.2.1 Section between S2-E and S2-W

Sharp contrasts in velocity and salinity define the western and eastern edges of the cy-162 clone wake, both of which are characterized by outcropping isopycnals of higher surface 163 density (Figure 3). Within the wake itself, a mixed layer depth (MLD) of 32 m and a BLT 164 of 12 m is observed (Figure 3a,b). The wake is also associated with weak eastward and north-165 ward flow (Figure 3c,d). On the other hand, fresher and warmer waters (thereby lighter 166 waters. Although, the wake is warm during this survey as well. This is because the sur-167 vey took place during the afternoon, when the wake warms due to the atmospheric heat-168 ing. This could potentially impact the mixed layer depth in the wake.) are observed around 169 the wake core (Figure 3a,b). The velocities in the vicinity of the wake contrasts sharply 170 with that within the wake (as further discussed below, Figure 3c,d). 171

The S2-E to S2-W section also reveals an asymmetric nature associated with the wake recovery. To the west of the wake, isopycnals slope downwards to the west. The MLD is slightly shallower (by about 4 m) when compared to within the wake itself (Figure 3a,b). Flow in this region is characterized by weak eastward (around  $0.1 \text{ m s}^{-1}$ ) and stronger southward velocities ( $0.3 \text{ m s}^{-1}$ ). This flow contrasts sharply to the flow within the wake, producing strong horizontal shear at the front (Figure 3c,d).

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Isopycnals east of the wake are sloping down to the east, with steeper slopes than those 178 observed on the western edge. This region is also characterized by smaller scale features 179 of O(1 km) around 67.2 ° E (Figure 2a,b). The MLD in the eastern edge is deeper (by 9 180 m), while the BLT is thicker (by 8 m) when compared to within the wake. When compared 181 to the western edge of the wake, the eastern edge has a deeper mixed layer (by about 12 182 m) and a BLT that is nearly twice as thick. The flow in the eastern edge of the wake is 183 weakly westward and northward. Upon eliminating the effects of the background flow (by 184 subtracting the mean velocities below the mixed layer depth along the whole section), ev-185 idence of weak convergence is observed in this area (Figure S4). 186



**Figure 4.** a) Surface buoyancy gradients from the ship's survey in the wake and its vicinity. NOTE: The section S2-E to S2-W is offset by 0.1° to the south as to avoid overlap between repeating sections. b) Ekman heat flux (EHF) in the section S2-W to S2-E. The red arrows indicate concurrent wind directions.

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Understanding the buoyancy gradients in the wake is crucial as they serve as reservoirs of potential and kinetic energy, which can catalyze instabilities and impact upper-ocean mixing and stratification (Haine & Marshall, 1998; Ferrari & Wunsch, 2009). The buoyancy gradient values changes signs in section S2-E to S2-W since the denser (i.e. less buoyant) waters within the wake are surrounded by lighter (or more buoyant) waters (Figure 4a). Asymmetry is observed in the surface buoyancy gradients as well, where the peak magnitude of the buoyancy gradient at the eastern edge of the wake  $(2.5 \times 10^{-7} \ s^{-2})$  is 1.67 times higher than that on the western edge of the wake  $(1.5 \times 10^{-7} \ s^{-2})$  (Figure 4a). The buoyancy gradients associated with the cyclone wakes are of the same order of magnitude as within submesoscale meanders generated in Gulf Stream (Shcherbina et al., 2015).

Estimates of buoyancy gradients (from uCTD) and south-westerly wind stresses (from 197 ship-based meteorological measurements, Figure 4b) are used to calculate the Ekman buoy-198 ancy flux (EBF =  $\frac{\tau_y}{\rho_o f} \frac{\partial b}{\partial x}$ , where  $\rho_o$  is the reference density, f is the coriolis frequency,  $\tau_y$ 199 is the meridional wind stress while  $\frac{\partial b}{\partial x}$  is the horizontal buoyancy gradient in zonal direc-200 tion). The EBF is converted into equivalent Ekman heat fluxes (EHF =  $\frac{(EBF)\rho_o c_p}{\alpha g}$ , where 201  $c_p$  is the specific heat of water,  $\alpha$  is the thermal expansion coefficient. g is the accelera-202 tion due to the gravity). EHF values are found to be of  $O(500 \text{ W/m}^2)$  at both the edges 203 of the wake (Figure 4b), a magnitude which could trigger submesoscale processes like frontal 204 slumping and steepening (D'Asaro et al., 2011; Brannigan et al., 2015). This is further con-205 firmed by calculating the Rossby number and Richardson number throughout the section, 206 where these numbers are O(1) near the edges of the wake (Thomas et al., 2008). 207





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With respect to the orientation of the winds (Figure 4b) and the density gradients (Figure 3a-d, 4a), the westward edge of the wake has an upfront configuration, while the east-

ward edge of the wake has a downfront scenario. This explains the asymmetry observed 210 in the vertical structure of the wake, where the west side (forced by upfront winds) is un-211 dergoing restratification (and hence shallower MLDs), while the east side (forced by down-212 front winds) has a stronger buoyancy gradient as a result of destratification (Figure 5). 213 This is consistent the sign of the EHFs, which are stabilizing at the western edge of the 214 wake and are destabilizing at the eastern edge. Despite the destabilizing effect from the 215 EBFs at the eastern edge of the front, the isopycnals are not fully vertical but slope down 216 to the east, indicating ongoing restratification. Previous studies have shown that a front 217 can undergo restratification even with a destratifying downfront configuration in the pres-218 ence of mixed layer eddies (e.g. Mahadevan et al., 2010). Thus, the restratification at the 219 eastern edge, despite its downfront configuration, provides indirect evidence of the pres-220 ence of mixed layer eddies. 221

Using the theoretical scalings derived in Haney et al. (2012), we estimate that the re-222 covery time scales associated with the surface forcing  $(T_{sf})$ , EBFs  $(T_{ebf})$  and mixed layer 223 eddies ( $T_{eddy}$ ) separately to be 29.6  $\pm$  7, 25.4  $\pm$  6 and 38.4  $\pm$  8 days respectively. Thus, 224 EBFs lead to a slightly faster recovery rate (see Supplementary Section S1 for more in-225 formation on the scaling analysis). However, the combination of surface forcing and EBFs 226 yields an estimated recovery timescale of  $9 \pm 2$  days, while the combination of all of the 227 above processes (including mixed layer eddies) results in an estimated recovery timescale 228 of  $7 \pm 1$  days (Supplementary Section S1). This timescale closely aligns with the observed 229 SST recovery (Figure 1b), however high-resolution numerical simulations are needed to fur-230 ther validate the recovery timescales quoted here. Nonetheless, this scaling analysis high-231 lights that role of lateral processes like EBFs and mixed layer eddies in causing a faster 232 recovery of the wake, underscoring the important role of wind-front coupling in such cases. 233

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#### 3.2.2 Section between S3-E3 and S3-W3: Repeat Section

As mentioned previously, the zonal sections of the in-situ survey highlights slight meridional variations within the wake, thereby revealing the meandering nature of the wake (Figure 2, 4a). The repeat section between S3-E3 and S3-W3 (referred to as the repeat section hereafter) was conducted along the same latitude as the section S2-E to S2-W (original section hereafter, Figure 2, Table S2) nearly 28 hours later, and hence provided an opportunity to understand the variability of the wake.

The repeat section is shorter and hence does not capture the eastward edge of the wake 241 unlike the original section described in Section 3.2.1 (Figure 2, 3e-h). However, the ver-242 tical structure of the repeat section is similar to the original section described above. The 243 main difference is that the westward edge of the wake is displaced by 10 km to the east 244 (Figure 3e-h) during the repeat section survey. This displacement could be due to several 245 factors, including Ekman transport due to the south-westerly monsoon winds, advection 246 by the background flow and near-inertial currents. While Ekman transport and advection 247 are plausible causes, the near-inertial currents are less likely since Cyclone Biparjoy was 248 initially a slow-moving cyclone (with translation speed of 1-2 m s<sup>-1</sup>, Figure S1a), result-249 ing in a smaller near-inertial response (Figure S1c, Price, 1981). Near-inertial currents cal-250 culated using the slab model (Pollard & Millard, 1970) forced by MERRA-2 reanalysis prod-251 uct (Global Modeling and Assimilation Office (GMAO), 2015) were roughly  $0.05 \text{ m s}^{-1}$ , 252 which is about one-sixth of the observed currents in this section (Figure 3d,h). 253

#### <sup>254</sup> 4 Summary and Discussions

Cyclone Biparjoy created a cold wake over the Arabian Sea in June 2023. SST began 255 recovering post-cyclone, reaching steady state in 8 days, far more rapidly than the 19-29 256 days predicted by one-dimensional models forced by winds and surface fluxes (Price et al., 257 2008; Haney et al., 2012). The scaling of recovery timescales from Haney et al. (2012) us-258 ing the observed parameters reveals that the Ekman Buoyancy Flux, surface forcing and 259 mixed layer eddies have similar recovery timescales when acting in isolation (25.4  $\pm$  6, 29.6 260  $\pm$  7 and 38.4  $\pm$  8 days respectively). However, an estimated recovery timescale of 7 days 261 due to the combination of these processes closely matches the recovery timescale observed 262 from satellite SSTs, highlighting the role of submesoscale processes in speeding up the re-263 covery of the wake (Figure 1b). 264

In-situ observations across the wake reveal its asymmetrical structure during the re-265 covery as a result of presence of Ekman Buoyancy Flux. This is caused due to the impo-266 sition of southwesterly winds on the wake, which leads to upfront forcing on the wake's 267 western edge, leading to shallower MLDs and hence restratifying in nature. In contrast, 268 the wake's eastern edge is forced by downfront winds, with deeper MLD and a presum-269 ably destratifying nature. However, observations at the eastern edge of the wake indicate 270 a weak restratifying nature, providing indirect evidence of the presence of mixed layer ed-271 dies (Fox-Kemper et al., 2008; Mahadevan et al., 2010). The Ekman Buoyancy Flux (O(500 272

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 $W/m^2$ )) as well as Rossby and Richardson numbers (both O(1)) associated with the cy-273 clone wake were found to be sufficient to drive submesoscale processes at the edges of the 274 wake as a result of the density gradients and their interaction with the winds. Given that 275 Cyclone Biparjoy was a slow-moving storm, the near-inertial currents were small. 276

These results present the first in-situ observations of a post-cyclone wake recovery in 277 the Arabian Sea. Our observations emphasize the significance of the interaction between 278 monsoon winds and the underlying three-dimensional submesoscale fronts in shaping the 279 wake of a slow-moving cyclone through Ekman buoyancy fluxes. This contrasts with faster-280 moving cyclones, where near-inertial currents primarily dominate the wake evolution (Price, 281 1981). Understanding this recovery and the associated processes is vital, as it can influ-282 ence ocean heat transport, nutrient availability (Babin et al., 2004), coral health (Dobbelaere 283 et al., 2024), and the predictability of future cyclones and sub-seasonal weather patterns. 284

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#### 5 Data Availability Statement

Data from the instruments are embargoed under agreement between the U.S. and In-286 dia until 2029 as one step in fostering the international collaboration. This time frame is 287 intended to allow for students and postdoctoral researchers supported under the project 288 to have sufficient time to publish observation-based results. After the embargo period, data 289 may be requested from the corresponding author. The satellite data for AMSR-2 as well 290 as OISST were obtained from www.remss.com, while the level-2 products of MODIS-Aqua 291 and VIIRS were obtained from https://oceancolor.gsfc.nasa.gov/cgi/browse.pl?sen= 292 amod. OSCAR currents were obtained from https://podaac.jpl.nasa.gov/dataset/ 293 OSCAR\_L4\_OC\_INTERIM\_V2.0. 294

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