1 Monsoon-Frontal Interactions Drive Cyclone Biparjoy's ² Wake Recovery in the Arabian Sea

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¹² Key Points:

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Abstract

 Cold wakes generated by cyclones enhance productivity and impact the local air-sea in- teraction, paths and intensities of subsequent storms in the region. However, in-situ ob- servations of the recovery across such wakes are rare. A cold wake in the Arabian Sea was surveyed using multiple ship-board instruments approximately 10 days after the passage of Cyclone Biparjoy in 2023. The wake, nearly 30 km wide, had a stronger (weaker) buoy- ancy gradient at its eastern (western) edge and assumed a upfront (downfront) orienta- tion relative to the south-westerly monsoon winds. This resulted in notable asymmetry in vertical temperature, salinity and velocity structures at the edges of the wake. While the wake recovery following a cyclone is often attributed to one-dimensional diurnal heat- ing and cooling process, these observations underscore the role of coupling of monsoon winds and the underlying three-dimensional submesoscale fronts in speeding the recovery of a slow-moving cyclone through various submesocale processes.

Plain Language Summary

 Tropical cyclones create cold wake trail of water mixed upward from deeper waters, but observations of recovery of the wake back to pre-cyclone conditions are rare. These wakes play a crucial role to modulate availability of nutrients in the ocean, impact local atmosphere-ocean interaction and future passage of storms in the region. This study de- scribes the structure of this trail and processes associated with its recovery after slow-moving Cyclone Biparjoy in the Arabian Sea in 2023. Our observations reveal that the wake is asym- metrical in its density and velocity structure. This is a result of the interaction between monsoon winds from the south-west and the density differences at the edges of the wake. Alongside the daily cycle of heating and cooling, these interactions foster small-scale three- dimensional processes, that are found to be crucial for the cold wake recovery back toward typical pre-cyclone conditions.

1 Introduction

 Tropical cyclones, known for their high wind speeds, create a cold (and sometimes salty) wake due to increased vertical mixing, causing sea surface temperatures (SSTs) within the wake to drop by $2^{\circ}C$ to $4^{\circ}C$ (Stramma et al., 1986). However, this wake forms asymmet- rically relative to the cyclone track, usually to the right of the cyclone eye in the North-ern Hemisphere due to wind stress configurations (Price, 1981; Cornillon et al., 1987; San-

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 abia & Jayne, 2020). While the cold wake's formation as a result of enhanced turbulent mixing is well understood (D'Asaro, 2003; Emanuel, 2003; D'Asaro et al., 2007; Vincent et al., 2012), its recovery back to pre-cyclone conditions has received less attention. Un- derstanding the evolution of the cold wake and its recovery is critical as it can significantly impact ocean heat transport, and the predictability of the path and intensity of subsequent storm systems that traverse the region (Emanuel, 2001; Pasquero & Emanuel, 2008; Kar-⁵⁶ nauskas et al., 2021; Gutiérrez Brizuela et al., 2023). Significantly, tropical cyclones are often considered as the signature of the onset of Asian Monsoons, and hence, the cyclone wake conditions can impact sub-seasonal predictions of monsoons (Krishnamurti et al., 1981; Evan & Camargo, 2011; Krishnamurti et al., 2007).

 Initial hypotheses suggested atmospheric surface forcing causes a wake recovery over 10 days or more (Price et al., 2008), but subsequent observational studies demonstrated that background advection also played a major role in the recovery of the cold wake (Mrvaljevic et al., 2013; Johnston et al., 2020). Numerical modeling results indicate that baroclinic instabilities at the edges of the cold wake lead to the formation of submesoscale mixed- layer eddies, leading to restratification and contributing to the wake's recovery (Fox-Kemper et al., 2008; Haney et al., 2012; Mei & Pasquero, 2012; Smith et al., 2019; Yi et al., 2024). Additionally, winds blowing parallel to the fronts at the edges of the cold wake, create up- front (winds opposing the surface thermal wind shear) and downfront configurations (winds in direction of surface thermal wind shear), causing an asymmetric recovery of the wake due to Ekman buoyancy fluxes (EBFs). These recovery processes are also found to be in- τ_1 teracting with each other (Mahadevan et al., 2010; Haney et al., 2012).

 Nonetheless, in-situ observations of lateral submesoscale processes affecting the recov- ery of the cold wake are lacking. For example autonomous profilers such as Argo are typ- ically not fast enough to capture the spatio-temporal evolution of the wake, even in highly networked field campaigns (e.g., D'Asaro et al., 2007; Johnston et al., 2021). While this τ ⁶ challenge could be addressed with ship-based sampling, heightened surface waves associ- π ated with hurricanes along with other logistical obstacles render ship usage unfeasible un-less the sampling strategy is critically timed, typically a few days after cyclone passage.

 In this study, we utilize rare ship-based, in-situ observations conducted in the Arabian Sea during the "Enhancing Knowledge of the Arabian Sea Marine Environment through Science and Advanced Training (EKAMSAT)" program, which sample the wake of Cyclone Biparjoy in June 2023. Our goal is to document the horizontal and vertical variabil-

- ity in the cyclone wake and its vicinity. We first provide an overview of the instruments
- ⁸⁴ and satellite products used in this study (Section 2), before describing the cold wake re-
- covery using our unique observations and demonstrating the presence of submesoscale pro-
- cesses in this wake recovery (Section 3). The summary of our findings and its broader im-
- plications are discussed in Section 4.

88 2 Data and Methods

 A combination of measurements collected by a ship-mounted flow-through thermos- alinograph (TSG) and an Underway CTD (uCTD) profiler were employed to investigate the temperature and salinity structures within the cold wake resulting from Tropical Cy- clone Biparjoy in the Arabian Sea between 17-20 June 2023. The TSG provides measure- ments at the 4 m depth based on R/V Revelle's seawater intake, while the uCTD collected profiles over the top 250 m with a vertical resolution of 4 m and a temporal resolution of 10 minutes (an approximate horizontal resolution of 1.7 km). Meteorological conditions were measured from sensors housed on the ship's bow mast. The velocity structure within the cold wake was measured using the Hydrographic Doppler Sonar System (HDSS, Pinkel, 2012) over the top 550 m at a vertical resolution of 4.5 m. The mixed layer depth (MLD) ⁹⁹ is inferred from the uCTD measurements based on a 0.125 kg/m^3 density difference from 100 surface values (Monterey & Levitus, 1997), while the isothermal layer depth (ILD) is de-101 fined based on a 0.5 °C temperature difference with respect to the surface values(Levitus, 1983). The barrier layer thickness (BLT) is the difference between the ILD and the MLD.

 We also utilize various remote sensing products such as the 3-Day product from Ad- vanced Microwave Scanning Radiometer-2 (AMSR-2, Wentz et al., 2014) and NOAA 0.25 ◦ Daily Optimum Interpolation Sea Surface Temperature (OISST, Reynolds et al., 2007) at a spatial resolution of nearly 25 km to examine the SSTs. Additionally, we assess the SST and chlorophyll-a from level-2 versions of Moderate-resolution Imaging Spectroradiome- ter (MODIS) Aqua (NASA Goddard Space Flight Center, 2018) and Visible Infrared Imag- ing Radiometer Suite (VIIRS) on NOAA-20 and NPP platforms, with a spatial resolution of 750 m (Cao et al., 2013).

111 3 Results

112 3.1 Remote Sensing of the Cyclone Wake Recovery

 $Cyclone Biparjoy, a slow-moving cyclone with translation speeds of 1-2 m s⁻¹ (Figure 11)$ S1a), formed over the southern Arabian Sea on 5 June 2023. It reached its peak intensity as a category-3 cyclone and moved northward before making landfall over Gujarat, India on 15 June (IMD, 2023). Cyclone propagation resulted in the formation of the cold wake

predominantly to the right of the track (Figure 1a), with a 4 $°C$ drop in SST over seven

days (Figure 1b) at the ship's operational area (yellow box in Figure 1a).

 The cyclone wake begins to recover on 13 June, which is identified by a rise in SST by 120 1.7 °C over eight days (Figure 1b). With wind speeds and peak shortwave radiation in the wake area around 8 m s⁻¹ and 940 W/m² respectively (Figure S3), the theoretical recov- ery period for the wake, if driven only by surface forcing, is estimated to be 18-29 days (see Supplementary Section S1, Price, 1981; Haney et al., 2012). However, the rise in SST (or the surface recovery of the wake) ceases after 8 days instead (13-21 June, Figure 1b), reach- ing a steady state, although it fails to return to pre-cyclone values (Figure 1b). A large region of the southeastern Arabian Sea (marked by dashed blue line in Figure 1a) exhibits a similar recovery pattern. While the large-scale forcing from the Southwest Monsoon over the Arabian Sea prevents the SST to return to pre-cyclone values, the presence of small- scale lateral processes due to the cyclone wake, such as mixed layer eddies as well as EBFs, can contribute to the ambiguities in the recovery time-scale (e.g. Haney et al., 2012).

 Since the entrainment in the wake increases nutrient availability, this results in higher chlorophyll values within the wake (Babin et al., 2004). Therefore, high chlorophyll val- ues are used as markers of cyclone wake. Thus the presence of lateral processes around the wake are inferred using the high resolution infrared L-2 images of SST and chlorophyll. The wake's meandering nature is evident with warmer SSTs at the edges and SSTs of 27.4 ¹³⁶ ^oC at the core of the wake (Figure 1c). Initially, the meandering front of the wake aligns in the north-south direction. However, it begins to roll up after a few days (Figure 1d,e). We next investigate the in-situ sub-surface measurements of the wake to reveal the pres-ence of lateral processes around the wake.

3.2 In-situ survey of the wake

 An in-situ survey from the ship's TSG and the uCTD system were conducted 10 days after the cyclone's passage to examine the structure of the generated wake (Figure S2, S3). The winds during this period were generally south-westerly (consistent with the direction of winds during the monsoon season, Figure S3a). These observations verify the presence beneath the ocean surface of the wake, which spans approximately 30 km in width. In the near-surface layer, the core of the wake is characterized by colder (a difference of 0.72 °C), saltier (0.45 g kg⁻¹ difference) and therefore denser (a difference of 0.39 kg/m³) waters when

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 compared to those in the vicinity of the wake (Figure 2a,b). As a result of these differences, the formation of this wake results in the development of density fronts at its edges. Ob- servations during this survey also reveal the small-scale meridional variability of the wake, 151 highlighting its meandering nature (Figure 2a,b).

 The three-dimensional view of the sections additionally reveal significant differences in the mixed layer structure throughout the wake and its vicinity (Figure 2c,d). Given the south-westerly nature of the winds and its orientation with respect to the wake-associated fronts, the presence of EBFs and mixed layer eddies is anticipated. These can potentially influence the upper ocean structure within the wake and its vicinity by causing an asym- metric recovery (Haney et al., 2012). In order to explore the vertical structure further, we focus on the zonal section between the S2-E and S2-W waypoints. This section is the longest and captures both the eastward and westward edges of the wake (other sections only cap-ture the westward edge, Figure 2).

3.2.1 Section between S2-E and S2-W

 Sharp contrasts in velocity and salinity define the western and eastern edges of the cy- clone wake, both of which are characterized by outcropping isopycnals of higher surface density (Figure 3). Within the wake itself, a mixed layer depth (MLD) of 32 m and a BLT of 12 m is observed (Figure 3a,b). The wake is also associated with weak eastward and north- ward flow (Figure 3c,d). On the other hand, fresher and warmer waters (thereby lighter waters. Although, the wake is warm during this survey as well. This is because the sur- vey took place during the afternoon, when the wake warms due to the atmospheric heat- ing. This could potentially impact the mixed layer depth in the wake.) are observed around the wake core (Figure 3a,b). The velocities in the vicinity of the wake contrasts sharply ¹⁷¹ with that within the wake (as further discussed below, Figure 3c,d).

 The S2-E to S2-W section also reveals an asymmetric nature associated with the wake recovery. To the west of the wake, isopycnals slope downwards to the west. The MLD is $_{174}$ slightly shallower (by about 4 m) when compared to within the wake itself (Figure 3a,b). Flow in this region is characterized by weak eastward (around 0.1 m s^{-1}) and stronger southward velocities (0.3 m s^{-1}) . This flow contrasts sharply to the flow within the wake, pro-177 ducing strong horizontal shear at the front (Figure 3c,d).

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the individual uCTD profiles. Black contours in each panel indicate the isopycnals. The yellow (dark red in panel a) line in panels b,c,d indicate the MLD while the the individual uCTD profiles. Black contours in each panel indicate the isopycnals. The yellow (dark red in panel a) line in panels b,c,d indicate the MLD while the green (red in panel a) line indicate the ILD. Vertical black dashed lines indicate section dividers based on change in meridional velocity. Panels e-h are the same as Figure 3. Vertical sections of a) salinity, b) temperature, c) zonal velocity and d) meridional velocity between S2-E and S2-W. The black dots in panels a-b are green (red in panel a) line indicate the ILD. Vertical black dashed lines indicate section dividers based on change in meridional velocity. Panels e-h are the same as a-d except the vertical section is between S3-W3 and S3-E3 (which is a shorter repeat section). The gray lines in panels e) and f) indicate the isopycnals from the original section (panels a and b, respectively). The black dashed line in these panels is the westward edge of the wake in the original section (panels a-d) while the original section (panels a and b, respectively). The black dashed line in these panels is the westward edge of the wake in the original section (panels a-d) while the a-d except the vertical section is between S3-W3 and S3-E3 (which is a shorter repeat section). The gray lines in panels e) and f) indicate the isopycnals from the red dashed line is the westward edge of the wake in the S3-W3 and S3-E3 repeat section. red dashed line is the westward edge of the wake in the S3-W3 and S3-E3 repeat section. Figure 3.

 Isopycnals east of the wake are sloping down to the east, with steeper slopes than those observed on the western edge. This region is also characterized by smaller scale features 180 of $O(1 \text{ km})$ around 67.2 ° E (Figure 2a,b). The MLD in the eastern edge is deeper (by 9 m), while the BLT is thicker (by 8 m) when compared to within the wake. When compared to the western edge of the wake, the eastern edge has a deeper mixed layer (by about 12 m) and a BLT that is nearly twice as thick. The flow in the eastern edge of the wake is weakly westward and northward. Upon eliminating the effects of the background flow (by subtracting the mean velocities below the mixed layer depth along the whole section), ev-idence of weak convergence is observed in this area (Figure S4).

Figure 4. a) Surface buoyancy gradients from the ship's survey in the wake and its vicinity. NOTE: The section S2-E to S2-W is offset by 0.1◦ to the south as to avoid overlap between repeating sections. b) Ekman heat flux (EHF) in the section S2-W to S2-E. The red arrows indicate concurrent wind directions.

 Understanding the buoyancy gradients in the wake is crucial as they serve as reservoirs of potential and kinetic energy, which can catalyze instabilities and impact upper-ocean mixing and stratification (Haine & Marshall, 1998; Ferrari & Wunsch, 2009). The buoy-ancy gradient values changes signs in section S2-E to S2-W since the denser (i.e. less buoy ant) waters within the wake are surrounded by lighter (or more buoyant) waters (Figure 4a). Asymmetry is observed in the surface buoyancy gradients as well, where the peak magnitude of the buoyancy gradient at the eastern edge of the wake $(2.5 \times 10^{-7} \text{ s}^{-2})$ is 1.67 times higher than that on the western edge of the wake $(1.5 \times 10^{-7} \text{ s}^{-2})$ (Figure 4a). The buoyancy gradients associated with the cyclone wakes are of the same order of magnitude as within submesoscale meanders generated in Gulf Stream (Shcherbina et al., 2015).

¹⁹⁷ Estimates of buoyancy gradients (from uCTD) and south-westerly wind stresses (from ¹⁹⁸ ship-based meteorological measurements, Figure 4b) are used to calculate the Ekman buoyancy flux (EBF = $\frac{\tau_y}{\rho_o f} \frac{\partial b}{\partial x}$, where ρ_o is the reference density, f is the coriolis frequency, τ_y ²⁰⁰ is the meridional wind stress while $\frac{\partial b}{\partial x}$ is the horizontal buoyancy gradient in zonal direc-²⁰¹ tion). The EBF is converted into equivalent Ekman heat fluxes (EHF = $\frac{(EBF)\rho_o c_p}{\alpha g}$, where c_p is the specific heat of water, α is the thermal expansion coefficient. g is the acceleration due to the gravity). EHF values are found to be of $O(500 \text{ W/m}^2)$ at both the edges ²⁰⁴ of the wake (Figure 4b), a magnitude which could trigger submesoscale processes like frontal ²⁰⁵ slumping and steepening (D'Asaro et al., 2011; Brannigan et al., 2015). This is further con-²⁰⁶ firmed by calculating the Rossby number and Richardson number throughout the section, ²⁰⁷ where these numbers are $O(1)$ near the edges of the wake (Thomas et al., 2008).

Figure 5. Schematic explaining the forcing conditions and the asymmetric response of the cold wake in section S2-W to S2-E (adapted from Haney et al., 2012)

²⁰⁸ With respect to the orientation of the winds (Figure 4b) and the density gradients (Fig-²⁰⁹ ure 3a-d, 4a), the westward edge of the wake has an upfront configuration, while the east ward edge of the wake has a downfront scenario. This explains the asymmetry observed in the vertical structure of the wake, where the west side (forced by upfront winds) is un- dergoing restratification (and hence shallower MLDs), while the east side (forced by down- front winds) has a stronger buoyancy gradient as a result of destratification (Figure 5). This is consistent the sign of the EHFs, which are stabilizing at the western edge of the wake and are destabilizing at the eastern edge. Despite the destabilizing effect from the EBFs at the eastern edge of the front, the isopycnals are not fully vertical but slope down to the east, indicating ongoing restratification. Previous studies have shown that a front can undergo restratification even with a destratifying downfront configuration in the pres- ence of mixed layer eddies (e.g. Mahadevan et al., 2010). Thus, the restratification at the eastern edge, despite its downfront configuration, provides indirect evidence of the pres-ence of mixed layer eddies.

 $\frac{222}{222}$ Using the theoretical scalings derived in Haney et al. (2012), we estimate that the re-²²³ covery time scales associated with the surface forcing (T_{sf}) , EBFs (T_{ebf}) and mixed layer eddies (T_{eddy}) separately to be 29.6 \pm 7, 25.4 \pm 6 and 38.4 \pm 8 days respectively. Thus, EBFs lead to a slightly faster recovery rate (see Supplementary Section S1 for more in- formation on the scaling analysis). However, the combination of surface forcing and EBFs 227 yields an estimated recovery timescale of 9 ± 2 days, while the combination of all of the above processes (including mixed layer eddies) results in an estimated recovery timescale of 7 ± 1 days (Supplementary Section S1). This timescale closely aligns with the observed SST recovery (Figure 1b), however high-resolution numerical simulations are needed to fur- ther validate the recovery timescales quoted here. Nonetheless, this scaling analysis high- lights that role of lateral processes like EBFs and mixed layer eddies in causing a faster recovery of the wake, underscoring the important role of wind-front coupling in such cases.

3.2.2 Section between S3-E3 and S3-W3: Repeat Section

 As mentioned previously, the zonal sections of the in-situ survey highlights slight merid- ional variations within the wake, thereby revealing the meandering nature of the wake (Fig- ure 2, 4a). The repeat section between S3-E3 and S3-W3 (referred to as the repeat sec- tion hereafter) was conducted along the same latitude as the section S2-E to S2-W (orig- inal section hereafter, Figure 2, Table S2) nearly 28 hours later, and hence provided an opportunity to understand the variability of the wake.

 The repeat section is shorter and hence does not capture the eastward edge of the wake unlike the original section described in Section 3.2.1 (Figure 2, 3e-h). However, the ver- tical structure of the repeat section is similar to the original section described above. The main difference is that the westward edge of the wake is displaced by 10 km to the east (Figure 3e-h) during the repeat section survey. This displacement could be due to several factors, including Ekman transport due to the south-westerly monsoon winds, advection by the background flow and near-inertial currents. While Ekman transport and advection are plausible causes, the near-inertial currents are less likely since Cyclone Biparjoy was ²⁴⁹ initially a slow-moving cyclone (with translation speed of $1-2 \text{ m s}^{-1}$, Figure S1a), result- ing in a smaller near-inertial response (Figure S1c, Price, 1981). Near-inertial currents cal- culated using the slab model (Pollard & Millard, 1970) forced by MERRA-2 reanalysis prod-252 uct (Global Modeling and Assimilation Office (GMAO), 2015) were roughly 0.05 m s⁻¹, which is about one-sixth of the observed currents in this section (Figure 3d,h).

4 Summary and Discussions

 Cyclone Biparjoy created a cold wake over the Arabian Sea in June 2023. SST began recovering post-cyclone, reaching steady state in 8 days, far more rapidly than the 19-29 days predicted by one-dimensional models forced by winds and surface fluxes (Price et al., 2008; Haney et al., 2012). The scaling of recovery timescales from Haney et al. (2012) us- ing the observed parameters reveals that the Ekman Buoyancy Flux, surface forcing and 260 mixed layer eddies have similar recovery timescales when acting in isolation (25.4 \pm 6, 29.6) \pm 7 and 38.4 \pm 8 days respectively). However, an estimated recovery timescale of 7 days due to the combination of these processes closely matches the recovery timescale observed from satellite SSTs, highlighting the role of submesoscale processes in speeding up the re-covery of the wake (Figure 1b).

 In-situ observations across the wake reveal its asymmetrical structure during the re- covery as a result of presence of Ekman Buoyancy Flux. This is caused due to the impo- sition of southwesterly winds on the wake, which leads to upfront forcing on the wake's western edge, leading to shallower MLDs and hence restratifying in nature. In contrast, the wake's eastern edge is forced by downfront winds, with deeper MLD and a presum- ably destratifying nature. However, observations at the eastern edge of the wake indicate a weak restratifying nature, providing indirect evidence of the presence of mixed layer ed-dies (Fox-Kemper et al., 2008; Mahadevan et al., 2010). The Ekman Buoyancy Flux (O(500

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 (W/m^2) as well as Rossby and Richardson numbers (both $O(1)$) associated with the cy- clone wake were found to be sufficient to drive submesoscale processes at the edges of the wake as a result of the density gradients and their interaction with the winds. Given that Cyclone Biparjoy was a slow-moving storm, the near-inertial currents were small.

 These results present the first in-situ observations of a post-cyclone wake recovery in the Arabian Sea. Our observations emphasize the significance of the interaction between monsoon winds and the underlying three-dimensional submesoscale fronts in shaping the wake of a slow-moving cyclone through Ekman buoyancy fluxes. This contrasts with faster- moving cyclones, where near-inertial currents primarily dominate the wake evolution (Price, 1981). Understanding this recovery and the associated processes is vital, as it can influ- ence ocean heat transport, nutrient availability (Babin et al., 2004), coral health (Dobbelaere et al., 2024), and the predictability of future cyclones and sub-seasonal weather patterns.

5 Data Availability Statement

 Data from the instruments are embargoed under agreement between the U.S. and In- dia until 2029 as one step in fostering the international collaboration. This time frame is intended to allow for students and postdoctoral researchers supported under the project to have sufficient time to publish observation-based results. After the embargo period, data may be requested from the corresponding author. The satellite data for AMSR-2 as well as OISST were obtained from www.remss.com, while the level-2 products of MODIS-Aqua 292 and VIIRS were obtained from https://oceancolor.gsfc.nasa.gov/cgi/browse.pl?sen= amod. OSCAR currents were obtained from https://podaac.jpl.nasa.gov/dataset/ OSCAR L4 OC INTERIM V2.0.

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